

# Together We Can Change the World

## DISHA



In 2005 Tara Chandramauli's brother, Mukh, lovingly known as Boney, was diagnosed with lung cancer. A loving son and husband, Boney was told that the cancer had spread far beyond his lungs.

"Our world came to a standstill. Our lives plunged into an abyss of darkness. I knew that I needed to do something to give strength and courage to Boney... and that is how DISHA was born", said Tara.

In the Indian language Disha means direction. With a hope and purpose to conquer cancer, Disha was created to raise funds for worthwhile causes.

The group has reached out to bring passionate, like-minded people together to foster involvement in the community. People willingly and selflessly give themselves and their time to help make a difference.

"It is our direction to serve the community and make a difference to the lives of people in need. Disha has given us hope that there is light at the end of the tunnel. Through Disha, our main aim is to establish a positive and collaborative relationship with society uniting people for a common cause."

"We cherish every moment of Disha because it is our only chance in life of assisting God in his miracles."

Disha founders include - Anil Dhi, Anil Lakhani, Eric Rastogi, Madhu Chauhan, Neelam Bhardwaj, Poonam Aggarwal, Rajni Kanodia, Suman Kanodia and Tara Chandramauli. The younger generation includes Rupali Gang, Sakhi Aggarwal and Soniya Rastogi who will keep the Disha flame alive.

Since 2006 Disha has raised more than \$200,000 for various causes. Disha has supported most of the major hospitals in Melbourne.

Supporting Box Hill Hospital is very close to Tara's heart for in 2015 she was diagnosed with Myeloma. She is being treated and cared for by Dr Simon Gibbs, Consultant Haematologist (Myeloma and Amyloidosis) at Box Hill Hospital.

Disha chose to support Box Hill Hospital's Haematology and Oncology units in 2017, celebrating 10 years of making a difference.

"We are temporary custodians of the wealth we generate - be it financial, intellectual or emotional. What better use of this wealth than to share it. It may be a tiny drop, but to turn our concern and care into action is what Disha wants and is what Disha stands for."



Together we can change the world... we can make a difference to someone, somewhere, sometime in this world and we dare to dream big dreams that in our lifetime cancer will be conquered.